

Lessons for the Future

The Mental Health Programme

The Projects

**Mental Health
Services in
the
1990s**

City Parochial Foundation

Mental Health Programme Report

CONTENTS

FOREWORD	(i)
EXECUTIVE SUMMARY	(ii)
<hr/>	
MENTAL HEALTH SERVICES IN THE 1990S	
<ul style="list-style-type: none">• The chequered history of community care• Public fears and the media• The rise of the voluntary sector• What did users want?	
	page 1 to 4
<hr/>	
THE MENTAL HEALTH PROGRAMME	
<ul style="list-style-type: none">• Why a Mental Health Programme?• Priorities and projects• Monitoring and reporting• Projects disbanded	
	page 5 to 8
<hr/>	
THE PROJECTS	
MANIC DEPRESSION FELLOWSHIP: EXPANDING THE MDF SELF HELP NETWORK IN GREATER LONDON	
	page 9 to 15
<hr/>	
NAFSIYAT: THERAPEUTIC WORK WITH YOUNG REFUGEES	
	page 16 to 21
<hr/>	
PETER BEDFORD HOUSING ASSOCIATION: CREATING EMPLOYMENT AND TRAINING OPPORTUNITIES FOR WOMEN	
	page 22 to 27
<hr/>	
MENTAL HEALTH MEDIA: HEADLINES: GETTING THE USER VOICE INTO THE MEDIA	
	page 28 to 33
<hr/>	
CROYDON MENTAL HEALTH USER GROUP: CAMPAIGNING FOR BETTER MENTAL HEALTH IN CROYDON	
	page 34 to 39
<hr/>	
DARYEELKA MAANKA: A MIND-LED MENTAL HEALTH SERVICE FOR THE SOMALI COMMUNITY IN TOWER HAMLETS	
	page 40 to 44
<hr/>	
LESSONS FOR THE FUTURE	
<ul style="list-style-type: none">• Outreach to Black and Minority Ethnic Communities• Refugee Issues• Management Issues• Countering Stigma	
	page 45 to 52
<hr/>	
PROJECT DETAILS	
	page 53